

Mountaineering & Climbing Instructor Assessment

Preparation Paper

The purpose of this paper is to help you prepare for your Mountaineering & Climbing Instructor Assessment.

Please answer all the questions and upload the completed paper into the files section of your Dlog **BEFORE** the start of your assessment. Be prepared to expand on your answers during the week and, for some, demonstrate them practically.

Teaching Climbing

1. For each of the situation's A-D in the table below, please create a teaching plan which includes venue, routes, structure of the day, key learning aims and objectives.

	Client One	Client Two	Weather Forecast
A.	An experienced hillwalker who wants to experience multi-pitch climbing.	A climber who regularly seconds single pitch Severe and wants to lead multi-pitch climbs.	A cool, showery day with strong south westerly winds
B.	An experienced wall climber who regularly leads F6a indoors and wants to start leading outside	An experienced scrambler (Curved Ridge/Tower Ridge) who wants to try harder mountain routes.	A warm dry day with light northerly winds
C.	A regular single pitch HS leader who wants to progress to leading VS	A regular indoor climber to F5, wants to climb outside.	Heavy rain in the morning, clearing in the afternoon. Westerly winds
D.	An experienced single pitch leader up to V. Diff who wants to gain confidence for multi-pitch climbing	A climber who has mainly bottom roped at single pitch venues and wants to progress to RCI training.	A warm day with the possibility of light showers. Variable winds.

2. In relation to each of your answers to question 1, what would be the minimum number of pitches climbed to give a quality day out (in terms of education and value for money) and to achieve the aims of the day. Presume that you arrive at the base of the crag at 10am and will be departing at 4pm.

3. List 5 questions that you could ask in 5 minutes to establish your client's experience of multi-pitch climbing and their aims for the day. List 5 more questions that you could ask on the drive or walk in that would help you structure the day.

4. What advice would you give a lead climber that is looking to break through to the next grade?
5. What experience would you require your clients to have before abseiling into a tidal sea cliff with them?
6. Place the following components of a quality day teaching climbing in order of importance: Enjoyment, safety, learning, amount of climbing, quality of climbs done, addressing the aims of the clients.

Upload your completed MCI preparation paper to the files section of your Dlog, prior to the start of your assessment.