

SUMMARY OF EXPERIENCE FOR MIA CLIENT DAYS 2010

If you could please complete this form as accurately as possible as it enable us to match clients to candidates. You will be taught climbing at a level appropriate to your current skills, however if you are currently leading very severe or are an SPA holder then you are probably too experienced to be a guinea pig. A reasonable level of mountain fitness is needed for the scrambling day as this will be a long day as we travel west or to the north.

You must be available to attend both Wednesday & Thursday, you will be informed by email as soon as course bookings allow as to offer you a place if you have the relevant experience. The training is free but you are responsible for arranging your food and accommodation, either here or locally (we meet at 0800 hrs on the first day).

Please note: MIA clients will be asked to sign a disclaimer booking form on arrival at the Lodge, declaring yourself fit for training. Accident insurance can be obtained from a link on our website at www.glenmorelodge.org.uk

Dates for 2010 Assessment: PLEASE TICK THE DATES YOU ARE AVAILABLE:

MIA Dates	30 Jun & 1 July		14 & 15 July		22 & 23 September			

Below are some questions regarding your previous mountain and climbing experience. The idea behind this questionnaire is to enable clients to be paired with individuals of similar ability and aims. This should enable the aspirant MIA to structure the day as appropriate to your personal aims and abilities.

Name	Age:
Address	
Post Code	
Telephone (daytime)	(evening)
E-Mail:	

	In summer conditions	In snow or ice
How many mountains over 3000ft/914m have you climbed?		
How many graded scrambles have you done?		

Please give a few examples of any mountains and scrambles you have done in the past three months.

What are your personal aims for the mountain day (you do not have to be specific, nor feel that they cannot be changed if appropriate)

ROCK CLIMBING

How many rock climbs have you accomplished?	Grade	Leading Single pitch	Seconding Single pitch	Leading Multi pitch	Seconding Multi pitch
	None				
	Diff				
	V.Diff				
	Severe				

Please give a few examples of any rock climbing (both indoors and out) you have done in the past three months.

What are your personal aims for the teaching climbing day (you do not have to be specific, nor feel that they cannot be changed if appropriate)

Please sign to declare you have read and understood the opening paragraph.

Signature:

Date:

Please return this form, fully completed to:

Glenmore Lodge, Aviemore, Inverness-shire, PH22 1QU.

Tel: 01479 861 256 Fax: 01479 861 212 or email to Kirsty.murfitt@glenmorelodge.org.uk